

# **Community Standards**

## **Quick Summary - What You're Agreeing To**

- Respect confidentiality what's shared in The Empower Network stays in The Empower Network.
- Treat everyone with dignity; no harassment or discrimination.
- The Empower Network resources are for personal use only, not redistribution.
- No unsolicited promotion; respect consent and boundaries.
- Report unsafe or harmful behavior to The Empower Network leadership.

This summary is for convenience only. Please read the full policy below.

## 1. Introduction

The Empower Network, Inc. ("The Empower Network," "TEN," "we," "our," or "us") is a peer-led, community-based nonprofit initiative dedicated to empowering people living with chronic illness and disability.

These Community Standards outline how we commit to showing up with respect, confidentiality, and inclusion. All members, volunteers, presenters, and participants agree to uphold these standards while engaging in The Empower Network's spaces, whether online or in person.

## 2. Confidentiality

What's shared in The Empower Network spaces stays in The Empower Network spaces.

Respect the privacy of others' personal stories, health information, and business ideas.

Do not share screenshots, recordings, or identifiable information outside the group without explicit permission.

Confidentiality obligations remain in place even after you leave The Empower Network.

#### 3. Respectful Engagement

Treat all members of the community with kindness, dignity, and respect.

Be mindful of space and time in group discussions — share your voice, but also make room for others to speak and be heard.

Harassment, bullying, hate speech, or discrimination of any kind will not be tolerated.

This includes—but is not limited to—ableism, racism, sexism, homophobia, transphobia, xenophobia, ageism, or other forms of marginalization and exclusion.

Listen actively, acknowledge different lived experiences, and avoid dismissive or harmful language.

#### 4. Use of Materials

The Empower Network resources (such as slides, worksheets, and recordings) are for your personal use only.

Do not copy, repost, or distribute materials without written permission from The Empower Network or the original creator.

Members and volunteers retain ownership of what they personally create and share; The Empower Network will not republish individual contributions without explicit permission.

## 5. Inclusivity & Accessibility

We are committed to learning and practicing disability-informed care and inclusive practices.

Accessibility is an ongoing process. If something feels exclusionary, inaccessible, or harmful, we welcome your feedback.

The Empower Network commits to listening and making changes where possible to better serve our community.

## 6. Boundaries, Solicitation & Conflicts of Interest

The Empower Network is a space for connection, education, and support — not unsolicited promotion.

Directory listings are provided for visibility, but members and volunteers may not use community spaces to solicit or sell without prior approval.

Respect boundaries when networking; consent is key in building meaningful connections.

Members and volunteers should disclose potential conflicts of interest when engaging in collaborations, business opportunities, or partnerships through The Empower Network. Transparency protects trust in the community.

## 7. Safeguarding

Members, volunteers, and presenters must also uphold The Empower Network's Safeguarding Policy, which prohibits exploitation, abuse, or harmful conduct.

Concerns about unsafe, inappropriate, or harmful behavior should be reported promptly to The Empower Network leadership here: Report a Concern Form

The Empower Network may remove or restrict individuals whose behavior compromises—or could reasonably be perceived to compromise—the safety or wellbeing of the community. Such action may be precautionary and does not in itself imply wrongdoing.

## 8. Media & Recording Consent

The Empower Network may occasionally record sessions or events for educational or archival purposes.

Participants will be notified in advance if a session is being recorded.

You may choose not to be recorded by disabling video, using a display name only, or opting out of participation

## 9. Accountability

The Empower Network reserves the right to pause, suspend, or revoke membership or volunteer roles if these standards are violated.

Concerns will be addressed with respect and fairness, but maintaining a safe and supportive community is our priority.

Enforcement decisions may be precautionary in nature and do not in themselves imply wrongdoing.

# 10. Closing

By participating in The Empower Network, you commit to these Community Standards. Together, we are building a safe, inclusive, and empowering space for people living with chronic illness and disability.

## 11. Agreement to Other Policies

This Community Standards Policy works in connection with other policies adopted by The Empower Network, including (but not limited to) our Privacy Policy, Safeguarding Policy, Membership Agreement, and Website Terms of Use, all available at <a href="https://www.empower-network.org">www.empower-network.org</a>. These policies will be reviewed and updated as needed.

#### **Contact Us**

For questions, concerns, or to report a problem, please contact us.

The Empower Network, Inc.

Email: **support@empower-network.org**Website: <a href="https://www.empower-network.org">www.empower-network.org</a>